

Crystalline Waters of Gredos, Spain

Itinerary

The following is the proposed itinerary but please note that changes are possible due to weather and local conditions.

This holiday is perfect for those who don't wish to move on every single night. Here you will spend five nights at the same hotel with day rides in different directions every day, exploring the rich landscape of this area. In the middle of the week you will move onto a different hotel in the Tormes River valley for one night.

During the warmer months there will be the opportunity to swim in the rivers and streams at some lunch stops (weather permitting), so remember to pack your costume just in case!

Please note that although this is not a fast paced ride, there should be some opportunities for trots and canters most days (terrain permitting).

During your transfer from Madrid you will get the opportunity to look around the old city of Avila. Avila is surrounded by ancient city walls, gateways, watchtowers and turrets and is one of the best-preserved medieval bastions in Spain.



After a refreshing drink you continue on to your accommodation at La Mira de Gredos in Navarredonda.

Over a relaxed dinner you get to know your guide and chat about the week ahead.

Day 2

After breakfast there is a short drive to the stables to meet your horses, saddle up and set off for your first

days ride. This morning passes through summer pastures in the lower mountains.

Lunchtime may well be beside the river and you might be lucky enough to sample Mamen's homemade paella.



Spend the afternoon riding through the pine forests and hopefully enjoy some trots and canters along the way.

Overnight in La Mira de Gredos.

Day 3

In the morning you will ride along the cordel (this is a path that connects the glens) to Puerto del Pico and as you ride through the pine forest you will be rewarded with beautiful views of the Tietar River valley and Toledo and Caceres provinces.

Lunch today is at a local restaurant.

This afternoon should allow you to enjoy some good canters and trots through San Martin del Pimpollar before returning to your hotel for dinner.



Day 4

Today, after breakfast you will head in the direction of the highest mountains and at lunchtime you will take your break beside the Barbellido River. Maybe if the

weather permits you might wish to take a refreshing swim in its crystalline waters?



Later you might get to take advantage of the Tormes River valley for some fun canters.

Day 5

Today you will head off towards another town in the Tormes River Valley where you will spend the night. It is possible to leave your luggage at La Mira de Gredos, so we suggest taking a smaller bag with you, with a few overnight essentials, which will be transferred to tonight's accommodation.

Your route to Navalperal de Tormes begins with you following the river to Navacepeda, an historic town in the mountains, before moving onto Charco de las Paredes where you stop for a relaxed lunch and possibly cool off with a swim too.



This afternoon you head downhill to the town of Navalperal de Tormes, which is by the river.

Dinner and overnight at your hotel in Navalperal La Cruz del Gallo.

Day 6

After breakfast, begin heading back to Navarredonda. You might get to enjoy a faster pace this morning, with

plenty of long canters along the Tormes River valley. Once you stop for lunch you can cool off with a refreshing swim in the river.



Later hopefully enjoy some last canters once again through the pine forest.

Overnight at La Mira de Gredos.

Day 7

After breakfast transfer back to Madrid in time for your flight.

Accommodation

During this holiday you stay at La Mira de Gredos in Navarredonda. Apart from one night during which you have a mini-trail and ride out to another hotel in the Tormes River Valley.



The accommodation is clean, comfortable and simple.

The stables are based about a 5 minute drive from your hotel, and each morning and evening you will be driven to and from the hotel.



It is possible to request a single room and a single supplement is payable in advance. On some nights a bathroom may be shared.

If you are willing to share, but no sharer is available, then a single supplement is payable. However this will be refunded once a sharer is found for you.