

Riding Holiday, Portugal

Itinerary

You can arrive and depart on any day and stay for as long as you like. We recommend a stay of at least three nights.

Prior to or during your first lesson you should discuss with your Instructor your dressage experience to date and what you wish to achieve during your stay.



Each day, including weekends, follows a similar pattern. Breakfast is from 8.30 until 9.30. Lunch at 13.00 and dinner from 20.00 (19.30 in winter months).



There are two lessons a day. In the morning from c. 10.30 to 12.00 and in the afternoon from c. 15:30 to 17:00.



Most people pre-book to have two lessons a day, which will mean that most of your day will be taken up with horses and riding. However if you are staying a week, then you may wish to leave one afternoon free for sightseeing.

We recommend you arrive in the early afternoon so that you can have your first lesson that afternoon or at least have time to meet the instructors. Latest arrival is 6pm. The norm is to have a final morning lesson and lunch on the day of your departure.

If you are travelling with a non-rider, then you may wish to pre-book just one lesson a day which leaves more time to relax by the pool, watch horses and riders in training or to go on sightseeing trips.