

Mongolian Express, Mongolia

Itinerary

Day One

You are met in the morning on arrival at Ulaanbaatar and transferred to the start of the ride.

A short one and a half hour drive takes you to the endless plains dotted with the gers of the nomadic herders, with the first herds of horses you will see roaming free cross the road in front of your vehicle. Lunch is to your own account today.

Please note that the itinerary may vary due to local conditions, but always with your best interests in mind.

Dinner and overnight in a tourist ger camp (up to 4 guests per ger).



Days Two to Six

You spend the next five days on horseback riding through Central Mongolia.

Guided by a nomadic herder, with the help of your English speaking translator, you will ride through steppes, hill and valleys, together with small mountains covered with larch forests.



Many nomadic families live in this region, with their herds of horses, cattle, goats and sheep. You will have the opportunity of discovering their traditional way of life. You will camp close to a nomadic family at least one night during the ride.

The pace of the ride is quite fast, as the support vehicle carries all the luggage and joins the group for lunch and at the end of the day. You do not have to carry anything on your horse, which allows long and fast gallops in this very open terrain.



Camp sites are chosen carefully, perhaps one night in the middle of nowhere in the steppes; another close to a river and maybe a night in the forest where wolves are often heard.

Dinners and nights in tents.

Day Seven

After breakfast, a last morning ride and picnic lunch. Finally say goodbye to your riding guides and horses and transfer back to Ulaanbaatar.

In the late afternoon, you attend a show with traditional dances, music and songs from Mongolia, including the amazing Khoomei.

The Khoomei is an overtone singing (throat singing) in which the singer produces two distinctively audible pitches at the same time, including a low pedal note, or drone, derived from the fundamental frequency of the vocal cord vibrations, and higher melodic notes that result when the singer's mouth acts as a filter, selecting one note at a time from among the drone's natural overtone series pitches.

Overnight in a hotel. Dinner is to your own account this evening.



Thursday - Ulaanbaatar

Transfer to the airport after breakfast for your flight home.

Accommodation

The first night will be spent in a semi-permanent ger camp with shower facilities. Single accommodation is not available and there could be up to four people sharing a ger.



On the trail you will stay in two-person tents. Single tents are available at no extra cost. You will be provided with a sleeping mat.



You will need to bring your own sleeping bag. If you feel the cold easily or your body is small, you should take some care in the selection of your sleeping bag. During cold spells early and late in the season, there is a very good chance of night temperatures below zero. Frost at these times is likely, and can sometimes happen even during the summer.



A loo screen and washing tent will be erected each evening (except for the wild camping nights), but

washing facilities are limited and you are asked to bring only biodegradable toiletries.

The kitchen (and dining room) will be in a large tent.

When in Ulaanbaatar (last night of the ride) you will stay centrally in a modern hotel of reasonable standard with ensuite bathrooms. This is usually the Dream Hotel (Khoroo 4, Ulaanbaatar 21646. Tel: +976 11 32 1253).

